

## 基本生命支持培训课程

基础生命支持培训课程（BLS）是依据 2010 美国心脏协会指南，专为公众设计，受训人员可以运用培训所获得的知识和技能，在必要的情况下及时做出反应和正确处理，从而达到拯救生命的目的。

### 课程目标：

- 了解进行高质量 CPR 的关键概念
- 了解美国心脏协会的生存链
- 掌握成人、儿童、婴儿单/双人施救者 CPR 和 AED
- 掌握成人、儿童、婴儿人工呼吸技术
- 掌握成人/儿童/婴儿气道梗塞的处理方法
- 掌握保护意识丧失患者的方法
- 掌握止血、包扎、固定等基本创伤处置技术

培训时间：1 天

培训须知：每堂课受训人员不超过 24 人。教学员比例为 1：6

获得证书：美国心脏协会颁发的 BLS-Provider 证书

证书有效期：2 年

### CERT 培训中心

#### AHA 2010 版 BLS 培训买一赠一优惠计划

推广价：\*RMB 720 元（2 人）不包括午餐，交通和场地费

\*\*RMB 920 元（2 人）包括午餐，交通和场地费

优惠期：2011 年 11 月 15 日—2011 年 12 月 31 日

联系方式：(010) 8147 2018 ； (010) 8147 2167



## Basic Life Support Provider Course (BLS)

The Basic Life Support (BLS) is designed to provide a wide variety of general public the ability to recognize several life-threatening emergencies, provide CPR, use an AED, and relieve choking in a safe, timely and effective manner.

### Course Objectives:

- Critical concepts of high-quality CPR
- The American Heart Association Chain of Survival
- 1-Rescuer/2-Rescuer CPR and AED for adult, children and infant
- Artificial ventilation techniques for adult, child and infant
- Manage choking for adult, child and infant
- Protect unconsciousness
- Bleeding control, bandaging and immobilization skill for trauma care

### Course Format:

- Initial Provider Course requires approximately 1 day to complete, including skills practice and skill testing.
- Course time based on 1 instructor: 6 students: 2 manikins; 24 students per class

**Certification:** BLS Provider certificate

**Validation:** 2 years

### CERT Training Center

#### **AHA BLS Training (2010 Version) Buy One Get One Free**

Promotional Price: \*RMB 720/2 persons with lunch,  
transportation and venue excluded;  
\*\*RMB920/2 persons with lunch,  
Transportation and venue included

Promotional Period: 2011/11/ 15—2011/12/31

Telephone: (010) 8147 2018 ; (010) 8147 2167

